



Holy Trinity Greek Orthodox Cathedral  
3131 NE Glisan St., Portland, OR 97232

**DIRECTORY**

All names without prefix are (503)  
 Holy Trinity office (phone).....234-0468  
     Gail Morris, Secretary  
     Bob Shaffer, Maintenance  
 Holy Trinity fax.....236-8379  
 Fr. John Angelis...234-0468 or..... 706-8354  
 Fr. Demosthenis Paraskevaidis...234-0468 or .....706-1974  
 Fr. Deacon David Cole.....287-0475  
 Parish Affairs Director, Gus Pappelis .....234-0468  
 Parish Council President, Stephen Phoutrides .....232-6917

**ALPHABETICAL LISTING**

A.G.R.O., Saki Tzantarmas.....777-1415  
 AHEC, American Hellenic Educational Center  
     John Melonas .....282-0277  
 AHEPA, Michael Kounavis.....693-6974  
 AHRC, American Hellenic Retired Citizens  
     Sophia Stamatis .....939-4180  
 Altar Boys, Gary Palumbis .....869-5819  
     John Anasis.....531-0402  
 Camp Angelos .....695-5267  
 Choir Director, Gus Pappelis .....234-0468  
 Choir President, Dennis Constantine .....517-6188  
 Daughters of Penelope, Vana Amanatidis .....521-0827  
 Dynamis, Gail Morris ..... 234-0468  
 Endowment Fund, Mike Diamond .....222-1988  
 Ethos Bookstore, Christina Koutures .....234-0468 ext. 25  
 Junior GOYA (ages 11-14)  
     Dawn Damiani .....667-8844  
 Senior GOYA (ages 15-18)  
     Tom and Lori Avgerakis .....635-1087  
 Greek Dance, Helen Tzakis..... 629-9684  
 Greek Festival, George Apostolou .....360-546-1224  
 Greeters Ministry, Ann Mallos .....255-0609  
     Catherine Lingas .....292-0451  
 HACCM (Hellenic-American Cultural Center & Museum)  
     Stefanos Vertopoulos .....360-883-6438  
     Katherine Karafotias .....617-4838  
 HOPE & JOY (ages 5-11), Nikki George.....360-834-2468  
 Justice & Human Rights, Alex Christy .....636-8326  
 Maids of Athena  
 Philo House Thrift Shop..... 232-3992  
 Philoptochos, Paula Diamond .....697-1066  
 Philoptochos Cookbook, Helen Stratikos .....666-8815  
 Seniors Ministry, Dean Lampus .....292-7612  
 St. Nektarios Ministry, Kim Miller .....329-0873  
 St. Photios Fellowship, Dn. David Cole .....287-0475  
 Stewardship Chairman, Don Ossey .....282-6219  
 Sunday School, Lori Avgerakis .. .....635-1087  
     Ann Davis. ....292-0191  
     Joanna Mason .....526-2043  
 Vacation Church School, Dina Khoury .....224-5524  
 Young Adult League, Jacob Gorny .....449-7720

DYNAMIS

*Dynamis* is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of *Dynamis* are due in the church office on the 11<sup>th</sup> of the current month. Deadlines will be strictly adhered to.

*Dynamis Editorial Guidelines*

How to contribute: Email to: [Gail@goholytrinity.org](mailto:Gail@goholytrinity.org) or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

Content and length: Church-related organizations maximum 500 words; non-church related and articles by private persons maximum 300 words. We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Announcements policy: Unpaid announcements for church-related events are limited to a half page. Non-church-related community event announcements are limited to a quarter page.

The back cover is reserved for paid advertisements, at these rates:

Full advertising section – half of back page .....\$400  
 Half advertising section – ¼ of back cover .....\$225  
 Quarter advertising section – 1/8 of last page .....\$125

**Results of the Parish Council election:**

The new members of the Parish Council as voted in on Sunday, December 6, 2009 are:

- Vana Amanatidis
- Mike Rouches
- John Spathas
- Demetri Touhouliotis

Congratulations to the new Parish Council members!

**Office Hours for the Priests:**

Now that we have two priests in the office, we thought it would be a good time to inform everyone of their office hours. There will be a priest "on duty" every day, Monday through Friday between the hours of 10:00 AM to 4:00 PM. Fr. John will take Thursdays off and Fr. Dimos will take Mondays off.

# Our People

## BIRTH

**ANNOUNCEMENT:** John and Lindsay Zogas wish to announce the birth of their son, **Oliver Robert Zogas**, born December 7, 2009. Proud grandparents are Costas and Irene Zogas and Rob and Judy Stenstrom.

## BAPTISM:

December 20, 2009: **Lauren Roska**, daughter of Mark Roska and Valerie Karambelas Roska. The Godparent is Stephanie Brooks.

## WEDDINGS:

December 5, 2009: **Matthew Maletis and Sara Lynn Stephens**. Matt is the son of Tom and Susan Maletis and Sara is the daughter of Michael and Carol Stephens. The Koumbara was Laura Maletis Veentjer.

December 12, 2009: **Karl A. Konstantin and Michelle L. Watkins**. Karl is the son of Nikolas A. Konstantinidis and Georgia N. Koseslen and Michelle is the daughter of Dale and Lynn Watkins. The Koumbaro was Elias Konstantine.

## FUNERALS:

### **George T. Dussin**

January 1, 1928 -- October 26, 2009  
George T. Dussin, a longtime member of Holy Trinity before taking residence in California, passed away peacefully in San Diego on Oct. 26, 2009 at age 81. Born in Portland to Nicoletta and Theodore Dussin, George attended the University of Oregon and served in the U.S. Army. George will be especially remembered as a restaurateur who continued the Dussin legacy of his restaurateur father and uncles by operating the original Virginia Cafe and the New Virginia Cafe. Among his restaurant properties was the Bali Hai, which he opened in 1959, with his friend Jimmy George. Appointed with a lounge and a 200-seat dining room in Polynesian décor, the theater-

restaurant featured a five-piece orchestra playing nightly. George and his partner brought famous entertainers to Portland. In 1965 they organized the Western Marine and Supply Company. Later, along with his cousin, Guss Dussin, he founded the Old Spaghetti Factory, which grew to a large network of locations throughout the country and abroad. George acquired and developed many other commercial properties through his Dussin Investment Company. Survivors include his wife of 37 years, Susan; his sister, Virginia Calley of Portland; and a loving extended family. George was preceded in death by his parents. Services were held Monday, Nov. 2, 2009 in San Diego. Memorial donations are suggested to the MS Society or the San Diego Humane Society.

November 17, 2009: **Cleo Nicki Maletis**. Cleo passed away on November 9, 2009 at the age of 84. She was born on March 11, 1925 in Saskatoon, Saskatchewan, Canada, where her parents, Tom and Pagoula Michas had settled after emigrating from Greece. She met Chris Maletis, Jr. at a Greek community dance in Seattle. They married in Vancouver, B.C. and settled in Portland. The couple had four sons and until 1964, she proudly called herself a full-time homemaker. Cleo had so many accomplishments it's difficult to list them all but they included being named Mrs. America, where she proudly represented the American Homemaker on tours through the states and Europe. In 1964, she joined the family's beer and wine business, assisting with clerical work in their warehouse. At Holy Trinity, she was instrumental in energizing the Philoptochos Society, by establishing "circles", grouping members by age, interests and Greek or English language preference. Besides her grandchildren and a first great-grandchild, she is survived by her sons and daughters-in-law, Chris III and Kristi, Tom and Susan, Edward and

Cyndy, and Rob and Linda. She was preceded in death by her husband, Chris, in 2008; and brothers, Alec and Luke Michas. Suggested memorial donations to Hellenic-American Cultural Center & Museum (HACCM), 3131 NE Glisan Street, Portland, OR 97232.

November 27, 2009: A Trisagion Service was held at Rose City Cemetery for **John Harry Thodos**, who passed away on November 16, 2009 in Monterey, California at the age of 75. Born in Chicago, Illinois on August 28, 1934 to Greek immigrants, John moved with his family to Portland before he was 2. He left a lasting impression in Portland and then in Carmel, California, the town he called home for the past quarter-century. A memorial service, presided over by a Greek Orthodox priest, was held on November 20 at All Saints Church in Carmel and a celebration of his life followed at the Carmel Woman's Club. He is survived by his wife, Judy Thodos, who suggests that memorial contributions be made to the Carmel Public Library Foundation, PO Box 2042, Carmel, CA 93921.

November 23, 2009: A funeral was held on Saturday, November 21, 2009 in the Greek Orthodox Church of St. Luke, in Longmeadow, Massachusetts for **Ellie Irene (Thamalis) Sharp**, (also a former Holy Trinity parishioner) who passed away on November 17, 2009 at the age of 83. She was last known to be living in Wethersfield, CT. She was preceded in death by her husband, Rollin. Ellie was a member of St. George Greek Orthodox Cathedral where she served as the Choir Director. She was a former President of the Philoptochos Society and President of the Daughters of Penelope here at Holy Trinity. She loved to cook and she cooked for the St. George Greek Festival for several years. She is survived by her daughter, Vanessa D. Porter and her husband, Ross of Somers, her grandchildren, Diana

Elizabeth Porter, John Charles Porter, two sisters, Nathalie Trent of Kingsport, TN and Titika Blackwell of Rockville, MD., many nieces, nephews and numerous friends. Contributions in her memory may be made to St. George Greek Orthodox Cathedral, 433 Fairfield Ave., Hartford, CT 06114.

## HOLY TRINITY SUMMER CAMP:

Don't forget to mark your 2010 calendars for camp, August 9-13, 2010. For more information contact Anthony Aivaliotis at 503-826-1962 or [amaent1@gmail.com](mailto:amaent1@gmail.com) or Christina Marneris at 360-718-2752 or [crmarners@aol.com](mailto:crmarners@aol.com).



Members of Holy Trinity's Folk Dance groups gather with His Eminence Metropolitan Gerasimos and the school supply items they helped collect for the children of Marysville School who lost their school to fire damage. Thanks to efforts like these, Marysville School was able to reopen in its new location at Rose City School with enough supplies for its many students. Good work, everyone.

## Bible Class

Tuesday, January 12, 2010 from 10:00-11:30 AM in the Conference Room with Fr. John Angelis. We will be studying the 1<sup>st</sup> Letter of St. Paul to the Corinthians. Please bring your Bible and join us.

## DAUGHTERS OF PENELOPE TROY CHAPTER #32

### ANNUAL SCHOLARSHIP LUNCHEON

Pastitsio  
(meat or vegetarian)  
Salad – Bread  
Kourbedie

Take out available

**SUNDAY, FEBRUARY  
14, 2010**

HOLY TRINITY  
CATHEDRAL HALL  
FOLLOWING SERVICES  
**HOLY TRINITY DANCE  
GROUP PERFORMANCE  
BY "HARA"**

Adults \$10.00  
Children under 12: \$5.00

RAFFLE of several great items!  
Donation \$3.00 each ticket or 2  
for \$5.00. Drawing at the  
luncheon

FREE RAFFLE of stuffed  
animals for children 8 years and  
under.

## JUSTICE COUNCIL:

Alex Christy, President of the Justice Council received the following letter from Congressman Kurt Schrader:

Dear Mr. Christy: I am writing regarding the I-129 visa petition for Father Dimosthenis Paraskevaidis, which was submitted by Holy Trinity Greek Orthodox Cathedral. I am pleased to learn that the visa petition has been approved and understand Father Paraskevaidis is

scheduled to arrive in the United States shortly.

I hope you have found the assistance of my office to be useful. Should you have any further questions or concerns regarding this matter, please do not hesitate to contact me again.

It is a privilege to serve you in the United States Congress.

Sincerely,

KURT SCHRADER  
Member of Congress

We thank Mr. Schrader for his assistance in bringing Father Dimos to the US.

## PHILOPTOCHOS PHILANTHROPY:

The philanthropy committee considers and responds to requests for financial assistance from local, national and international organizations and individuals. Requests for Consideration forms are now available outside the church office. Parishioners are invited to submit a form by January 31, 2010.

*Philoptochos*  
We make a Difference

Many thanks to all who participated in the Philoptochos Christmas Tree Auction. We deeply appreciate your support. The successful event raised vital funds to help Philoptochos accomplish our goals and objectives. Simplified, our mission is to help those in need and to help our church. Philoptochos is very "present" in all aspects of our Holy Trinity community life. In a couple of pages is a flyer that describes our current programs and activities. The Membership Drive for Philoptochos 2010 has begun and we invite everyone who supports the work of Philoptochos or who wants to get involved in the hands-on activities to fill out the envelope and become part of this vibrant



group. Won't you join us? Men are encouraged to join as Associate Members.

**Jan. 10. Vasilopita Silent Auction and Loukoumathes Sale.** NEW this year - no oral auction; everyone can bid during the 30 minute silent auction. In a hurry? Some vasilopitas will have "buy now" prices so you can grab and go! Proceeds benefit St. Basil's Academy. Also, **EVERYONE'S FAVORITE** - hot and super sweet loukoumathes will be available for purchase.

**January 31. Three Hierarchs Education Brunch.** Philoptochos will prepare a sumptuous brunch for only \$10 (\$6.00 for children under 12). Proceeds earmarked for our Holy Trinity student scholarships and Sunday school.

**Tues. Jan. 5. PHILO BOARD MEETING** - Small Hall 7:00 p.m.

With faith & love in Christ,

Paula D. Diamond  
Philoptochos President



**Sunday, December 6:** At the Ahepa Christmas Party at the Red Lion: Fr. John, Fr. Dimos, Pres. Magdalini, Dn. David, Pres. Anna and Deaconess Barbara Cole

 **HELLENIC - AMERICAN  
CULTURAL CENTER  
& MUSEUM**  
of Oregon and SW Washington

## Hellenic American Cultural Center and Museum

We are looking for items to be included in our upcoming exhibit, "Savor the flavors of Greece", to be on display Jan-Feb. 2010. We would like to borrow your old or antique items in the following categories;

- Home cooking- items of interest used in Greek kitchens of yesteryear.
- Winemaking- equipment used by the home winemaker; wine press, siphons, spigot, or any other equipment that would be of interest.
- Olive press or other equipment used for making olive oil.
- Yogurt crocks\
- Gliko dishes and spoons, glass containers of glyko
- Unusual items pertaining to Greek spices
- Mortar and pestles from Greece
- Filo making equipment or other common utensils.
- Handwritten or early Greek Cookbooks
- Fun handmade aprons and kitchen towels (textiles will not be featured, just to be used in the display)
- Items used in the weighing and storage of food

Also, if you are a member of Holy Trinity and have ever authored or co-authored a cookbook, we would like to place it on display during this event and feature our own cooks. It is not necessary that the published cookbooks contain only recipes of Greek foods. This section of the exhibit will feature the writer and the cookbook.

If you're interested in loaning any items, please contact exhibit chairs Joan Liapes at 503 232-3487 , email: georgia.m.l@att.net, or, Christine Rulli at 503 635-4743 or email: rulli9@aol.com. All items will need to be collected by January 15. Thanks!!!!

**HACCM** has brought back the "Textiles of Greece" Workshop! Come join us for a once-a-month gathering and learn some new skills or bring your own project and share in the fun and enjoyment of doing handiwork together. All ages welcome! Workshop will be held every 3rd Thursday of the month. 7-9 pm in the museum. Contact Sophia Stamatis 503-939-4180 or email [sophiags@comcast.net](mailto:sophiags@comcast.net) with any questions.

**"Savor the flavors of  
Greece "Exhibit  
Reception  
February 6, 2010  
1:00 - 3:00 p.m.**

**Holy Trinity Cathedral  
St. Demetrios Hall**

A new Hellenic-American Cultural Center & Museum exhibit featuring Greek culinary items, cooking utensils, cookbooks, items unique to a Greek kitchen of yesteryear and ingredients i.e. spices, featured in many Greek recipes will be on display. The Philoptochos Flavor It Greek! Cookbook Committee invites you to a reception on Saturday, February 6, 2010 from 1:00 to 3:00 p.m. Complimentary mezethes and refreshments will be served. You will have an opportunity to view this most special exhibit. Come and "savor the flavors."

# Agia Sophia Academy – Budget Information

by Mary Triantafillou

This month’s article focuses on the Agia Sophia Academy’s current budget and future plans, as well as on how these plans support key goals of the school.

ASA currently has 36 students. Our staff is comprised of: 3 full time classroom teachers; 1 full-time native Greek language teacher paid by the Greek Ministry of Education; 2 part-time specialists who teach Music, PE, and Latin; a 1/2–time principal, 1 full-time secretary and 1 part-time Development Director. Student to teacher ratio is 12:1 for elementary and 10:1 for preschool. Over the coming years we plan to increase enrollment and have a targeted elementary student to teacher ratio of 15-20:1, while maintaining our 10:1 ratio for preschool.

In order to support the current program, our operating budget calls for total expenses of \$217,400. Like other private and parochial schools across the nation, Agia Sophia Academy’s budget needs are not met solely by tuition. While tuition will meet nearly 60% of the budget this year, we must fundraise for the other 40%. In addition to tuition income (\$123,450) our current year’s budget calls for a variety of fundraising activities totaling \$94,000 (which is down from \$125,000 last year). We are working hard to make up this 40%. While not supported financially by any of the local parishes, we are grateful for the donations given by the faithful members of these churches. We are supported by St. John the Baptist in

that they offer their facilities rent-free (ASA pays for utilities costs). Through various efforts, including the Greek Open Golf Tournament, parent-led fundraisers and private contributions to the general operating fund and the tuition assistance program, we have already raised over \$50,000 for this school year. Our grants committee has been writing and submitting proposals to various foundations and will continue to do so. Recently the school kicked off its Annual Fund Drive campaign with a goal of raising \$25,000. In the first week we received over \$5,000 in gifts from ASA families who highly value the education we offer.

For the 2010-11 school year, ASA will expand the elementary program to the 4<sup>th</sup> grade. Additionally, we see the need to hire a certified early childhood educator to teach a dedicated K/1 classroom. This requires additional fundraising of approximately \$20 - \$25K to offset a portion of this teacher’s salary for the first year, with tuition income from new students covering the balance of the remaining salary costs.

# Agia Sophia Academy Overview of income & expenses Projected Statement of Operations

ASA invites members of our communities to participate and partner with us in various ways. We welcome gifts of time, talent and treasure. We are in need of new board members and committee members to help us further our mission and educational ministry.

In November, I was honored to meet with Metropolitan Gerasimos and to personally give him a tour of Agia Sophia Academy, during which he visited the classrooms and met with all of the students. He was very inspired by what he witnessed. I invite everyone from our community to visit our school and witness with your own eyes and ears the work that we do. Come to an upcoming Open House: Thurs. January 28 from 7-8 pm or Thurs. February 4 from 5-7 pm. If you prefer to make another arrangement, please call the school at 503-641-4600 or call me directly (503-484-5859).

*(cont. next page)*

<b>Income</b>			
<b>DONATIONS</b>			
<b>General Donations</b>	65,000	55,000	55,000
<b>Tuition Assistance Donations</b>	12,500	13,000	13,500
<b>Grants and Directed Donations</b>		25,000	30,000
<b>DONATIONS</b>	<b>77,500</b>	<b>93,000</b>	<b>98,500</b>
<b>NET TUITIONS</b>	123,450	182,000	244,000
<b>FUND RAISING EVENTS - Net</b>	17,000	24,300	26,500
<b>OTHER INCOME</b>	800	1,000	1,000
<b>Total Income</b>	<b>218,750</b>	<b>300,300</b>	<b>370,000</b>
<b>Expense</b>			
<b>TEACHER COSTS</b>	151,300	219,800	260,400
<b>CLASS ROOM EXPENSES</b>	7,450	9,700	11,300
<b>ADMINISTRATION</b>	35,600	37,500	40,200
<b>FACILITIES</b>	13,500	14,900	16,400
<b>DEVELOPMENT &amp; FUNDRAISING</b>	9,200	12,300	12,800
<b>OTHER EXPENSES</b>	350	500	600
<b>Total Expense</b>	<b>217,400</b>	<b>294,700</b>	<b>341,700</b>
<b>Net Surplus (Deficit)</b>	<b>1,350</b>	<b>5,600</b>	<b>28,300</b>
<b>Total Students</b>	<b>36</b>	<b>46</b>	<b>54</b>

	<b>Budget 09 - 10</b>	<b>Plan 10 - 11</b>	<b>Plan 11 - 12</b>
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(cont. from previous page)

Our Mission at Agia Sophia Academy is to educate the whole child by providing a rich academic curriculum, grounded in Orthodox Christian values, while fostering love of learning, personal responsibility, and respect for each person.

Agia Sophia Academy provides a unique and rich education that partners our faith and culture amidst an academic environment. ASA offers a certified Montessori preschool for ages 3-5 and a multi-age elementary school program for grades K-4.

## Ethos Bookstore



Open Monday thru  
Friday  
10:00 AM - 2:30 PM  
and for one hour  
after Liturgy on  
Sundays

Come In and browse!

- Icons &\* Books
- Candles
- CDs & Tapes
- Incense
- Jewelry
- Items for Baptisms & Weddings

### • Christmas Cards & Gifts

## THE CONCERT: A BYZANTINE CHRISTMAS

will be presented by Cappella Romana at 8:00 PM on Friday, January 8, 2010 at St. Mary's Cathedral in NW Portland. Featuring Dr. Achilleas Chaldeakis, making his Cappella Romana directing and solo debut in this program of Byzantine chants for the Christmas season. Dr. Chaldeakis studied Theology and Musicology in Athens and is director of the Maestros of the Psaltic Art, an internationally acclaimed Byzantine choir. Tickets and info: [www.cappellaromana.org](http://www.cappellaromana.org) or 503-236-8202. A free pre-concert talk will take place at 7:00 PM prior to the concert.

## Lamb n' Salmon Dinner

The AHEC Board would like to say a big Thank You to everyone who came out to Camp Angelos for the Lamb n' Salmon Dinner on Sunday, Dec. 13<sup>th</sup>. In spite of the weather (it looked like there would be ice or freezing rain) it was our best ever! It was just great to have the priests there with their families and Dn. David and Dkn. Barbara. We really appreciate the support from the community. We hope to see everyone again next year!

## BENEFIT CONCERT FOR IOCC

Friday, January 29,  
2010 @ 7:00 PM

Dessert reception  
following concert  
Featuring the choirs of  
Portland-area Orthodox  
Churches  
Special appearance by  
Cappella Romana

Tickets \$20/person \$40/family  
All proceeds will be donated to  
IOCC

Pre-purchase tickets at  
[www.iocc.org/portland](http://www.iocc.org/portland)  
For more information:  
[iocc/Portland@gmail.com](mailto:iocc/Portland@gmail.com)

Tickets also on sale after church  
on Sundays in the hall.

HOLY TRINITY GREEK ORTHODOX CATHEDRAL  
3131 N.E. Glisan Street  
Portland, OR 97232

*Change Service Requested*

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November 15, 2009: Fr. Dimosthenis and his family are welcomed on their first Sunday by His Eminence Metropolitan Gerasimos, Deacon David and Fr. Paul



Paraskevas & Sevastiani, Fr. Dimosthenis' two older children, enjoy the welcome luncheon



November 16, 2009: At the Trisagion for Cleo Maletis, her sons Tom, Ed, Rob & Chris III with Fr. Theodore Dorrance and His Eminence Metropolitan Gerasimos



December 6, 2009: Blessings for Christmas packages going to the ill and elderly

## Special Events for the past month

All photos by Peter Corvallis



November 19, 2009: Leigh Ann Hieronymus, Fr. Paul, Helen Tzakis and George Papas pose with participants in the "graduation" celebration for the 2009 CUSINA program, a special dinner served in St. Katherine Hall



December 13, 2009: Our clergy welcome the visiting



Archbishop of Ethiopia, His Grace Abune Ewostateos Gebre Kristos (The Archbishop of Ethiopian Orthodox Churches in Western States of US and California)

***LIMNES/PORTLAND ASSOCIATION***

***H'PAPANDI GRAND GLENDI***

The Limnes/Portland Association will host their Eighth Grand Glendi

**Saturday, January 30, 2010 in the St.  
Katherine Hall**

Doors open 6:30 PM – Dinner at 7:00 PM followed by dancing

Adults \$20.00 ~ Children 12 & under \$8.00

Attendance is limited in number, so please call for reservations

Christina Meletis 503-640-9306 or visit the Limnes/Portland table  
after Sunday services in the small hall during January 2010.